Support & Language, Literacy and Numeracy (LLN) Services – Jandakot Campus

Support Services

Youth Reach South

Cockburn Gateway Shopping Centre, 1/25 Wentworth Parade, Success WA 6164

Phone: (08) 9499 4274

Website: https://www.yacwa.org.au/ways/service/youthreach-south/

Headspace Armadale

40 Fourth Rd, Armadale WA 6992

Phone: (08) 9393 0300

Website: https://headspace.org.au/headspace-centres/armadale/

Beyond Blue

Website: https://www.beyondblue.org.au/

Phone: 1300 224 636

Suicide Call Back

Website: https://www.beyondblue.org.au/support-service/chat

Phone: 1300 659 467

Helping Minds

South Lake Ottey Family & Neighbourhood Centre, 2A S Lake Drive South Lake WA 6164 and

Fremantle Office, Suite 11B, 16 Phillimore Street, Fremantle WA 6160

Website: https://helpingminds.org.au

Sexual Assault Resource Centre (SARC)

King Edward Memorial Hospital

374 Bagot Road, Subiaco, Perth WA 6008

Website: https://www.kemh.health.wa.gov.au/other-services/sarc
For triage counselling (08) 6458 1828, 1800 199 888 or 1800 737 732

For appointments (08) 6458 1828

Mental Health Emergency Response Line

 $\textbf{Website:} \ \underline{\textbf{https://emhs.health.wa.gov.au/Hospitals-and-Services/Mental-Health/Inpatient-and-Other-Services/MHERL} \\$

Phone: 1300 555 788 (Perth), 1800 676 822 (Peel region)

Aboriginal Men's Health -Cockburn Men's Group

A male specific yarning group that meets every second Friday during the school term. They discuss health issues including spiritual, emotional, and physical wellbeing.

Cockburn Men's Group meets at Moorditj Koort, 1/28 Hammond Rd, Cockburn Central every second Friday.

Aboriginal or Torres Strait Islander Crisis Support

Phone: 13Yarn - 13 92 76

Website: https://www.13yarn.org.au/

LGBTQi Support

Website: https://www.qlife.org.au/ - webchat 3pm to midnight, everyday

Phone: 1800 184 527

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Crisis Housing & Support Services

Entry point on 1800 124 684 or Crisis Care on 1800 199 008 for access to crisis accommodation providers.

St Pat's Support Services

12 Queen Victoria St, Fremantle (open Mon – Fri 7:30am - 2:00pm)

St Pat's Housing Office: 100 Hampton Road, Fremantle

Phone: (08) 6372 4835

Reception Mon – Fri 10:00am - 2:00pm Website: https://stpats.com.au/

Emergency Services: 000

Police: 131 444 Lifeline - 13 11 14

Mens Helpline Australia: 1300 78 99 78 Mates in Construction: 1300 642 111

Language, Literacy and Numeracy Support Services

Reading Writing Hotline (Online)

Website: https://www.readingwritinghotline.edu.au/learner-resources/

Phone: 1300 655 506

Sparks Academics (Maths, English)

Willeton

Phone: 0466 023298

Website: https://www.facebook.com/SparksAcademics/

Cluey Learning (Maths, English, ESL) - Online Website: https://clueylearning.com.au/

Ace Tutoring (Maths, English) 73 George St, West Perth WA 6005 Website: https://acetutoring.com.au/

Phone: (08) 6245 6429

Read Write Now

For adults to improve their reading, writing, maths, study, or basic computer skills.

Website: https://www.read-write-now.org/

Phone: 1800 018 802

Adult Migrant English Program (AMEP)

A flexible program that offers eligible migrants free English language classes.

 $Website: \underline{https://www.southmetrotafe.wa.edu.au/specialist-programs/adult-migrant-english-program-amep}\\$

Email: amep@smtafe.wa.edu.au

Phone: 1800 862 166

Helpful Apps for Mental Health

• Chats for Life

Mood Mission

• Self Help Anxiety Management

St John First Responder

Well Mind

Headspace

• What's Up

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